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Cataracts

Cataracts are one of the leading causes of blindness in the World. Fortunately, we live in a developed country. In the USA alone, there are about 3 million cataract surgeries every year. Yet few people know what a cataract actually is.

Imagine an eye being build the same as a camera. There is a lens and film inside a camera. If the lens is cloudy, then you cannot take clear pictures.

Cataract means the lens is clouding up inside your eye. This usually happens with age, like grey hair. It can happen at a younger age due to genetics, steroid use, diabetes, injury, or bad luck.

As the lens in the eye becomes cloudier, people may notice difficulty reading, especially in dim light. Some get a lot of glare with car head lights. This is usually a gradual progression over months and years in both eyes (although one eye may be worse than the other).

The eye doctors' job is to see if getting a new prescription for glasses will make a significant improvement as well as to make sure that there are no other eye diseases needing treatment.

Given the patient is not happy with their vision; cataracts can be readily fixed with a procedure that takes less than 10 minutes. At *Community Eye Care*, we repair over 1,000 cataracts every year with excellent outcomes. The procedure is painless, using only eye drops to numb the eye (no needle is used). We expect people to be nervous, so sedation is given by our anesthetist. We do our surgery at a state of the art surgery center than specializes in eye surgery. It has all the latest equipment and it is an accredited center (AAHC) licensed by the state of Pennsylvania and New York.

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